Introduction to Clinical Medicine II practice

Clinical practice is an integral part of the Introduction to Clinical Medicine II (ICM II) in the 2nd year. It builds on theoretical and practical part of the ICM II focused on the general issue of clinical propedeutics and patient care.

The focus/goal of the clinical practice

The goal of the practice is for the students to:

- acquire the skill in performing ordinary clinical procedures;
- get to know the problematic of teamwork at healthcare facilities and of communication within multidisciplinary teams (including records in medical documentation);
- practice professional communication with patients and their loved ones.

The content of the clinical practice

1. Practice of common clinical procedures - measurement and evaluation of physiological functions, prevention of nosocomial infections, evaluation, observation, and treatment of pain, application of i.m. injections, preparation and application i.v. injections and infusions, inserting urinary catheter, collection of capillary and venous blood, peripheral venous cannulation, nutrition of the patients, care about pressure ulcers and chronic wounds, prevention of falls, surgical wounds dressing, etc.
2. Principles of a multidisciplinary care in the field of patient nutrition, decubitus and chronic wounds care, prevention of falls, prevention of infections.
3. Taking a patient´s history.
4. Get to know the indication for examination, care for a patient before an examination, during and after the examination, including examinations before and after surgery (radiodiagnostic, endoscopic examination, ultrasound, etc.), and also informing patients about the results of examinations.
5. Get to know the problematic of an acute and planned admission of a patient to a healthcare facility.
6. Get to know the problematic of planning a transfer of patient and discharging patients from acute beds including communication with patients and their close ones.

Organization of the clinical practice

1. The clinical practice in the 2nd year takes place in a healthcare facility in the range of 80 hours at standard medical/surgical type wards/units.
2. The practice in the 2nd year is completed by a credit. Requirement for the credit is and approved report and a positive evaluation of the student by the facility, where the practice took place.

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